

Medicine, Nursing and Health Sciences

MUSE Questionnaire



MONASH University

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SECTION A

You and Music

Please tell us about how you use music.

Instructions

- Read each statement carefully; and
- Tick the box that describes you best.

- | | |
|--|--|
| 1. On average, how often do you listen to music in a week? | <input type="checkbox"/> Less than once a week
<input type="checkbox"/> 1 – 2 times a week
<input type="checkbox"/> 3 – 4 times a week
<input type="checkbox"/> 5 – 6 times a week
<input type="checkbox"/> More than 6 times a week |
| 2. On average, how many hours do you purposely listen to music a day (as opposed to music in the environment that you have no control over (e.g., music in cafes, stores)?) | <input type="checkbox"/> Less than 1 hour per day
<input type="checkbox"/> 1 – 2 hours per day
<input type="checkbox"/> 3 – 4 hours per day
<input type="checkbox"/> 5 – 6 hours per day
<input type="checkbox"/> More than 6 hours per day |
| 3. Have you played / do you play a music instrument (includes singing, practice, and performance)? | <input type="checkbox"/> No (please proceed to question 6)
<input type="checkbox"/> Yes, I've played a music instrument for <input type="text"/> years
(please continue on to question 4) |
| 4. At the peak of your interest, how many hours per day did you play/practise the music instrument (includes singing)? | I played/practised <input type="text"/> hours per day
(please fill in the hours of practice) |
| 5. How long since you last regularly played a music instrument (includes singing, practice, and performance)? | <input type="checkbox"/> Less than a week ago
<input type="checkbox"/> Less than a month ago
<input type="checkbox"/> Less than 1 year ago
<input type="checkbox"/> Between 1 and 5 years ago
<input type="checkbox"/> Between 5 and 10 years ago
<input type="checkbox"/> More than 10 years ago |
| 6. What is the highest level of formal music training you have received? | <input type="checkbox"/> None
<input type="checkbox"/> Primary (Elementary) school music classes
<input type="checkbox"/> Secondary (High) school lessons
<input type="checkbox"/> Tertiary (University) undergraduate training, Conservatory of music or master classes
<input type="checkbox"/> Postgraduate training, or advanced overseas training |

SECTION A

7. What other type of music training did you receive?

- None
- Self-taught (no formal training)
- Private (Individual) music classes/tuition
- Group music classes/tuition

8. Have you completed AMEB (or equivalent such as ABRSM) music examinations?

- No
- Yes, I have completed up to Grade for both Theory and Performance/Practical
(please fill in the highest Grade you have completed)

Thank you. Please turn page over for the next section.

SECTION B

Please tell us about your level of participation with music activities by circling the number that describes you best

Instructions

Please respond to all the statements. It is important to us that you consider each question carefully. If unsure about which response to give, please choose the one that appears most appropriate. This can often be your first response.

Example

	Not applicable to me	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
I often listen to new compositions	0	1	2	3	4	5

If you agree with the above statement, you would circle the number 4. If you strongly disagree with the above statement, you would circle the number 1. If the above statement does not apply to you, you would circle 0.

SECTION B

Please read each statement and circle the number that best describes you

	Not applicable to me	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
9. Music is often a source of inspiration for me	0	1	2	3	4	5
10. I often play challenging pieces	0	1	2	3	4	5
11. There is a greater connection with my friends when we like the same music	0	1	2	3	4	5
12. Music provides me with a good pace for exercising	0	1	2	3	4	5
13. Music often takes away tension at the end of the day	0	1	2	3	4	5
14. Performing music is emotionally rewarding for me	0	1	2	3	4	5
15. I often listen to new compositions	0	1	2	3	4	5
16. I often look forward to attending music practices with my friends	0	1	2	3	4	5
17. Certain type of music helps me think	0	1	2	3	4	5
18. Mastering this piece of music gives me greater recognition as a performer	0	1	2	3	4	5
19. Having similar taste in music often helps me relate better to my peers	0	1	2	3	4	5
20. Dance is an expression of my feelings	0	1	2	3	4	5
21. I often listen to music when I'm feeling down	0	1	2	3	4	5
22. I often get recognition from my friends for playing in the band	0	1	2	3	4	5
23. I am able to make more friends when we like the same type of music	0	1	2	3	4	5
24. Listening to music whilst exercising often helps me exercise for longer	0	1	2	3	4	5

SECTION B

	Not applicable to me	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
25. Specific types of music make me feel better	0	1	2	3	4	5
26. Being able to improvise whilst playing music gives me a great sense of satisfaction	0	1	2	3	4	5
27. Dancing keeps me fit	0	1	2	3	4	5
28. I feel good when my performance is applauded	0	1	2	3	4	5
29. Practice helps me improve my music playing skills	0	1	2	3	4	5
30. I use a particular type of music to get me through tough times	0	1	2	3	4	5
31. Music performance demonstrates my knowledge of music theory	0	1	2	3	4	5
32. Music improves my physical endurance level	0	1	2	3	4	5

The End. Thank you.

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